

# Our Savior School Policy & Parent Handbook

Early Childhood Center & Extended Care

2025-2026

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## Licensing

The Department of Human Services (DHS) Licensing Division has a critical role in monitoring and supporting health and safety in approximately 10,600 licensed child care programs in Minnesota. Licensure provides the necessary oversight mechanisms to ensure child care is provided in a healthy and safe environment, provided by qualified people, and can meet the developmental needs of all children in care. Department of Human Services, Division of Licensing 651-431-6015.

## **About Our Savior School**

#### **Mission Statement**

Our Savior Lutheran Church & School is committed to making disciples by reaching into our congregation and reaching out to our community with a message that clearly presents the saving and healing Gospel of Jesus Christ. We accomplish this through a challenging and innovative education program beginning with preschool/childcare at six weeks and continuing through school age with before/after school and summer care.

## We Believe

- A. Our Savior Lutheran Church & School is an instrument of Christ's Great Commission. Matthew 28:19-20 "Go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit and teaching them to obey everything I have commanded you."
- B. Our Savior School is an arm of the Lord's church used to assist parents in teaching their children about the love of Jesus Christ, that through the Holy Spirit, they may come to know Him as their Lord and Savior.
- C. Christian Education addresses itself to the basic problem of mankind: our broken relationship with God.
- D. God alone has resolved the problem of sin through Jesus Christ. John 3:16 "For God so loved the world that He sent His one and only son, that whosoever believes in Him should not perish but have eternal life." Acts 4:12 "Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved."
- E. Christian Education addresses the total needs of the individual: intellectual, emotional, social, moral, spiritual, and physical.

## We Affirm (Our Goals)

- A. School, church and parents need to work together to provide a strong prayer and devotional life through the daily study of God's Word.
- B. Our Savior School will provide children with a challenging, motivating and innovative curriculum taught by teachers who care about the children's best interests.
- C. Our Savior School will build an atmosphere of caring and sharing, where children learn to respect one another and build the necessary social skills that will enable them to attain success as useful and productive Christian citizens.
- D. Our Savior School will utilize the abilities of teachers, parents, students, staff, and others to achieve the above goals.

## **Child Care Program Plan**

Our Savior School's Program plan is posted at the end of the hallway on the first floor of the Early Childhood Center, at the check in area in Extended Care and is available upon request from the School office.

# **Discrimination Policy**

Our program will not discriminate in admissions or demission on the basis of race, color, creed, sex, religion, national origin, or source of payment.

# **Parent Grievance Policy**

See p. 15 of *Policy Information for Parents*. All grievances will be submitted to the Director. If a parent is not satisfied with the decision, he/she can take the problem directly to the Senior Pastor. If a parent is still not satisfied he/she can take the problem directly to the Child Care Advisory Committee.

# **Maltreatment of Minors Mandated Reporting**

See p. 16-17 of *Policy Information for Parents*. Our Savior School Staff are required to report maltreatment, neglect, physical abuse, sexual abuse, child endangerment, threatened injury and mental injury.

# **Educational Goals of the Early Childhood Center**

- A. Work and play in a Christ Centered Environment with other children.
- B. Be aware of the daily presence of Christ in their lives.
- C. Be themselves and develop at their own rate.
- D. Express themselves through art and play materials freely and constructively.

- E. Provide opportunities to develop large and fine motor skills.
- F. Provide a healthy environment, proper nutrition, rest, and physical exercise.
- G. Provide developmentally appropriate curriculum including experiences in many areas
  - a. (Readiness skills in reading, math, language skills, science)
- H. Learn to be independent--to solve their own problems and do things for themselves.
- I. Learn to establish relationships with adults other than family.
- J. Learn developmentally appropriate limits of behavior.
- K. Build feelings of self-esteem and security.
- L. Increase their ability to handle their emotions constructively.
- M. Learn respect for others' feelings and belongings.
- N. Simplify the adjustment to elementary school and other social situations.

#### **Educational Goals of the Extended Care**

- A. Continue to build on the skills listed above
- B. Offer help with homework if requested
- C. Provide a daily devotion time and prayer
- D. Offer a summer reading program to encourage continued learning
- E. Provide toys and activities to promote reading, math, language skills, and science.

# **Drop off and Pick up Procedures**

# **Security and Safety**

- A. Each parent/family is assigned a personal code to enter the building. Only share with your family and those who regularly pick up your child. DO NOT give this code to anyone else.
- B. Please <u>do not share your code out loud</u> when entering the building to prevent someone else from using your code.
- C. You must accompany your child while entering and/or leaving the building.
- D. Please do not allow children to open or close doors in the classrooms or hallways.
- E. Please supervise your children inside and outside during drop-off and pick-up.
- F. Hot beverages are not allowed.

# Entry/Exit

- A. Early Childhood Center: The main entrance is at door #1 (west side, by flagpoles). If you exit at Door #12, please make sure the door latches behind you.
- B. Extended Care: The main entrance is at Door #5 (east side, by the gym)

## **Child Pick-up Procedures**

- A. Parents must check their child in/out using their four-digit code/QR code on the tablet provided or your phone app.
- B. If a parent is unable to pick up their child:
  - a. If the alternate adult <u>is</u> listed on your Pick-up Authorization Form, tell the teacher at drop-off the name of the adult picking up your child. **ID may be required.**
  - b. If the adult <u>is not</u> listed on your Pick-up Authorization Form, call the classroom or send an email to the school office. **ID will be required** before the child can leave.
- C. For an unexpected pickup change after drop-off:
  - a. If the alternate adult <u>is</u> listed on your Pick-up Authorization Form, call the classroom or send an email to the school office. **ID may be required.**
  - b. If the adult <u>is not</u> written on your Pick-up Authorization Form, leave a message/tell the teacher the following information:
    - i. Alternate Adult's Name, phone number, and relationship.
    - ii. **ID** will be required before the child can leave.
- D. B. The staff will not let your child go without seeing an ID of an alternate adult they do not know. **Tell them to bring in their ID**. They could sign out the child in Daily Connect.
- E. If the staff feel it is unsafe for a child to go with an incapacitated adult, we will contact another person on the authorized pick up list. We will not hesitate to call the police for your child's safety.

# **Calendar and Schedules**

Upon enrollment, a calendar is given to each family. The Early Childhood Center and Extended Care calendars are also available at <a href="https://www.oursaviorschoool.org">www.oursaviorschoool.org</a> under Parents.

# **Our Savior School Holidays**

Our Savior School programs and offices are closed for these dates we observe these holidays

New Year's Day

**Labor Day** 

Christmas Day

Good Friday (4/3/26)

Thanksgiving Day

Friday, Dec 26, 2025

Memorial Day

Day after Thanksgiving

New Year's Eve

Fourth of July

Christmas Eve

## **Early Childhood Center**

Days are listed on the calendar when specific programs will be closed (preschool, Kick Start Kindergarten, childcare, holidays)

#### **Extended Care**

Days are listed on the calendar when Extended Care will be closed (holidays) and when they will be open for longer or all day care.

- Your commitment is required 7 days in advance if you need child care
- A minimum of four children are required for Extended Care to be open

Please Note: No credit is given for days closed. You WILL be charged per your contract.

## **Weather Closures**

If we need to close due to extreme weather, we will post this on our website as well as send an email/text message to the parents. Please make sure you have the proper phone number/email address in the DailyConnect App. Parents are responsible for keeping this up to date.

- If Minnetonka Schools have a 2 hour late start, we may have a 1.5 hour late start
- If Minnetonka Schools have an early release, we may close early.
- If Minnetonka Schools are closed, we <u>may</u> follow their lead, making a decision for one day at a time.

**Please Note:** Adjustments are NOT made to tuition payments in the event of closure due to weather.

# **Enrollment and Tuition**

## **Enrollment and Tuition**

- A. Flexible contracts are available. Early Childhood Center parents must contract at least three days a week, either full day or preschool. Extended Care parents must contract for a minimum of 3 hours a week during the school year and a minimum of 10 days during the summer.
- B. At the time of the pre-enrollment, parents will select the specific days and times your child will attend Our Savior School. Parents may not switch days of attendance on a weekly basis. However, parents may arrange with the Director to ADD days of attendance and pay tuition for hours beyond your contract.
- C. Parents must fill out and return all enrollment paperwork.
- D. Upon a student's acceptance into our program, the school office will produce a contract stating the days and hours of attendance and the cost. Tuition is paid for through automatic

- withdrawal. Sign and date your contract, payment authorization form and attach a voided check from a current bank account.
- E. Parents may request to receive a monthly report of their tuition activity from the school office.
- F. We will not reveal any confidential information to anyone or any source without the written permission of the parent or legal guardian.

## **Infant Enrollment**

- A. A non-refundable \$300 enrollment fee will save an infant spot for an agreed upon start date. \$100 toward the enrollment fee and \$200 towards tuition once your child begins.
- B. If an extension is made to the start date after this deposit is made and the start date is agreed upon, there will be a weekly charge of **25% of the weekly tuition** rate until the new start date arrives. If a parent chooses not to pay the 25% of the weekly tuition rate, their spot will now be opened for enrollment to other families.
- C. If you choose to remove your infant from the program for the summer and still need an infant spot in the fall, **30% of the monthly tuition** will be charged from June thru August to reserve a spot for the child in the fall.

## **Preschool Enrollment**

- A. The "Preschool Contract" begins the Tuesday following Labor Day and concludes the Friday before Memorial Day.
- B. Please refer to the school calendar for non-preschool days.
- C. Preschool parents who need care for their child during Christmas and/or Spring Break should contact the school office. <u>As space allows</u>, a child may attend. An additional tuition fee will be billed.

# **Early Childhood Center Enrollment**

- A. A non-refundable \$100 enrollment fee will save a spot for an agreed upon start date.
- B. If an extension is made to the start date after this deposit is made and the start date is agreed upon, there will be a weekly charge of **25% of the weekly tuition** rate until the new start date arrives. If a parent chooses not to pay 25% of the weekly tuition rate, their spot will now be opened for enrollment to other families.
- C. If a family chooses to take their child out of the program for the summer and still needs a classroom spot in the same room come fall, **30% of the monthly tuition** will be charged June thru August to reserve a spot for the child in the fall.

## **Kick Start Kindergarten Enrollment**

- A. Open to children turning 5 before December 31st.
- B. A non-refundable \$300 enrollment fee will save a spot. \$100 toward the enrollment fee and \$200 towards tuition once your child begins.
- C. Parents must fill out and return all enrollment paperwork.
- D. We reserve the right to interview individuals on a case by case basis.

#### **Extended Care Enrollment**

A non-refundable \$100 enrollment fee will save a childcare spot for an agreed upon start date.

#### **Re-Enrollment of Current Students**

A non-refundable \$50 enrollment fee will save a spot for an agreed upon start date.

#### Vacation Earned

- A. **Early Childhood Center:** Children who are contracted to attend either full day care may earn a <u>contracted week</u> of vacation <u>after six months of enrollment.</u> It must be used all at once during a calendar year.
- B. **Extended Care:** Children who are contracted may earn a <u>contracted week</u> of vacation <u>after six</u> months of enrollment. It must be used all at once, only during the school year.
- C. Vacation Billing
  - a. If you ask two weeks in advance, you will not be charged for the week you are gone.
  - b. If you do not give two weeks' notice, you will be credited at the next billing cycle.
- D. This earned vacation may only be used once every calendar year. If your child attends six or more months before December 31, they may use a vacation week in that calendar year.
  - a. Vacation does not carry over from year to year.
- E. "Preschool only" families are not eligible to earn vacation time

# **Fees and Contract Changes**

# Late Pick-Up Fee

- A. **Regular Business Hours:** Please allow enough time to gather your child and his/her belongings **before** the 5:30pm closing time.
- B. **Pick-up After Regular Business Hours:** There will be a late charge for each classroom affected for any child picked up **after** 5:30pm. You will be responsible to pay the staff person in

charge IMMEDIATELY (in cash) as this cost cannot be included in the monthly billing. The late fees are:

a. 5:30 - 5:35b. 5:35 - 5:40\$10

c. 5:40 - until picked up \$10 plus \$1.00 per additional minute

## **Preschool Late Pick-Up Fee**

- A. **Regular Business Hours:** For every 15 minutes past your child's contracted pick up time **before** 5:30 pm, a \$5.50 charge per child will be taken out of your account.
  - a. 30 minutes past contracted time it would be an \$11.00 charge
  - b. 45 minutes past contracted time it would be a \$16.50 charge
  - c. 60 minutes past contracted time it would be a \$22.00 charge

# Extended Care Non-School Day Cancellation Policy \*(New E.C. Policy; starting 9/2/2025)

We require advanced notice for cancellations to ensure proper staffing and resources for our Extended Care program. This policy applies specifically to non-school days when care is provided.

- 1. Cancellation Notice:
  - Cancellations must be submitted by email 72 hours before the scheduled day.
- 2. Cancellation Fee:
  - Cancellations made less than 72 hours in advance will be charged a full-day rate, as staffing and supplies are allocated based on expected attendance.
- 3. No-Shows:
  - Families who do not cancel and fail to bring their child(ren) on a scheduled non-school day will be charged the full-day rate.

## **Contract Reduction or Cancellation**

#### **Early Childhood Center:**

In order to reduce your contracted hours or to cancel your contract you will need to inform both the School Director/Extended Care Director and the School Office Administrator with <u>two weeks</u> notice before the date of the proposed contract change/cancellation. Failure to provide two weeks notice prior to the change will result in being charged for those additional two weeks of care. For any reduction/cancellation of a contract, there will also be a **\$25 administration fee**.

#### **Extended Care:**

## School Year (September-May)

In order to reduce your contracted hours or to cancel your contract you will need to inform both the School Director/Extended Care Director and the School Office Administrator with <u>two weeks</u> notice

before the date of the proposed contract change/cancellation. Failure to provide two weeks notice prior to the change will result in being charged for those additional two weeks of care. For any reduction/cancellation of a contract, there will also be a \$25 administration fee.

Summer (June-August) \*upon receiving a summer contract \*(New E.C. Policy; starting 9/2/2025) In order to add or switch days beyond your contracted days, you must receive approval from the Extended Care Director and the School Office Administrator. A tuition amount of \$25 per day, per child will be owed for any cancelled days. For each reduction of contracted days there will also be a \$25 administrative fee.

# **Contract Increase or Adjustment (same hours different days)**

If possible, please allow for two weeks prior notice for any increase or adjustments in contracted hours. Increases and adjustments are dependent on availability. All changes must have the approval of the Director/School Office. This will allow the Administration time to adjust tuition billing for the change. The administration fee is waived for increases/adjustments.

## **Contract Suspension Fees for Unforeseen Circumstances**

If you choose to suspend your contract for a specified time period and retain your spot in your child's classroom, you will be charged **30% of their current contracted tuition** while they are absent. Contracted tuition rates will resume upon return.

#### Interest on Overdue Tuition

Invoices from the school are given a due date of 30 days after the invoice is issued. If not paid in 30 days, an additional 4% of the total due will be added each month until it is fully paid.

# **Insufficient Funds/Returned Check Policy**

In the case of 'insufficient funds' on an automatic withdrawal or a returned check from your bank.

- You will receive a one time grace with no fee.
- If 'insufficient funds' or a check is returned for any future transactions, you will be charged a \$25 fee per transaction to cover the bank fees and administrative costs for having to resubmit the payment.

If you are aware of 'insufficient funds' for your automatic tuition payment, you have the option to ask for the payment to be moved to a later date within 7 calendar days to avoid receiving the 'insufficient funds' fee. This request needs to be made 3 business days before your payment would normally be taken out of your account in order to have your payment time changed.

## **Attendance**

## **Notification of Absences**

- A. <u>Parents must sign their child in when they arrive in Daily Connect</u> and then present their child to the teacher for the day.
- B. **Early Childhood Center:** Please call your child's classroom by 9:00am if they will be absent. (No credit is given for being absent.
- C. Kick Start Kindergarten:
  - a. Please call your child's classroom by 9:00am if they will be absent.
  - b. KSK begins at 8:30am. Students may arrive in their classrooms fifteen minutes early.
    - KSK students who arrive before 8:15am must go to the Lamb Room.
  - c. KSK ends at 2:45pm. Students need to be picked up by 2:55pm.
    - KSK students will go to the Whale Room for after school care.
- D. **Extended Care:** Please contact Extended Care if they will not be arriving on the bus from their school. (No credit is given for being absent.)

# **Naps and Rest Policy**

- A. See p. 13 of Policy Information for Parents
- B. Infant: Nap time based on individual needs
- C. Toddler: After lunch, 30 minutes of rest time is required on a cot
- D. Preschool: After lunch, 30 minutes of rest time is required on a cot
- E. Toddler/Preschool children will need a crib sheet and small blanket. Travel sized pillows are also allowed during rest time.
  - a. Nap items will be sent home **every Friday (or your child's last day for the week) for washing**. Please return them for use on Monday.
  - b. Please label your child's nap items. It is also helpful if "blankies" and "Snuggle Buddies" can be left on the children's cot all week instead of taking them home every day.

# **Sick Children**

## **Exclusion of Sick Children**

- A. See p. 4 of the Policy Information for Parents.
- B. If a child vomits once when at school, parents will be called to take the child home.
- C. Please DO NOT send your child to Our Savior School if they are <u>ILL</u>.

#### Safe Return of Sick Child

- A. **Fever:** A child will be able to return once they have gone 24 hours without fever (free of fever reducer i.e. Tylenol, Advil, etc.), vomiting, or diarrhea.
- B. Diarrhea: 3 or more normal bowel movements
- C. **Undiagnosed Rash:** the child will be able to return after being seen and cleared (not contagious) to return by a healthcare provider and fever free for 24 hours without medication.

#### **Communicable Diseases**

Notify Our Savior School immediately if your child has been diagnosed with any of the following communicable diseases. We will notify parents of an illness, so they can watch for symptoms. The length of time an individual should be excluded will vary depending on the illness or disease. See p. 4 of the *Policy Information for Parents* for further details.

- A. Chicken Pox
- B. Conjunctivitis (pink eye) with fever or eye pain
- C. Hand, Foot & Mouth
- D. Respiratory Viral Illness (COVID 19, RSV, Influenza)
- E. Pinworms
- F. Ringworm
- G. Scabies.
- H. Strep Throat

Our Savior School reserves the right to be more strict on exclusion based on recommendations from our Health Nurse and/or Illnesses in the Program.

# **Biting**

Biting in certain age ranges is not unexpected and happens for many reasons. Children this age lack the communication and empathy skills to express the appropriate emotions, the child may be teething, they may have a hearing or vision problem, and other developmental challenges for young children. While Our Savior's does not condone biting behaviors, we believe in developmentally appropriate redirection to attempt to stop the behavior. Prevention and redirection are our main courses of action . Staff members will never identify who the child is that is going through this phase of biting for the protection of both children and in compliance with DHS confidentiality requirements. If a child is bitten, the bite is immediately washed with soap and water, and if the child allows, ice is applied. If the bite breaks the skin, both families will be notified through Daily Connect. Each case of biting is different; some children may bite once and never again, however some children may struggle long term with biting.

## In situations of chronic biting Our Savior's will take the following steps:

- 1. Make contact with the family of the child who is chronically biting. The purpose of this is to gather more information on the child and to develop a plan for the family to get through this phase. This may be done in person, over the phone, or via email depending on the situation.
- 2. If a student has bitten 3 times in one day, that student will be asked to leave for the day and try again the next day.
- 3. If this behavior continues for more than a month, a meeting will be requested with the family to discuss further action that may be needed to ensure the safety of other children, and to ensure the success of the child going through this difficult phase through the development of a behavior guidance plan.
- 4. If all other options have been exhausted: prevention, redirection, separation, the behavior guidance plan, and the behavior still continues and there is no improvement, we will request to meet with the family to discuss alternative strategies.

# **Nutrition & Hydration**

## **Infant Food and Bottles**

- A. Parents will provide pre-made bottles of either formula or breastmilk from home, **labeled with first and last name**.
- B. Parents are to provide adequate bottles for the child's entire time in the program each day.
- C. Our Savior School will provide infant cereal/oatmeal as well as pureed fruit and vegetables for children eating solid food up to 11 months of age.
- D. For Children 12 -16 months of age, parents will provide table food for their child's lunch in order to prepare for their move to the toddler room.
- E. Our Savior School will provide a morning and afternoon snack at the appropriate age.
- F. Our Savior School will only serve foods that parents have marked that they have already introduced at home.
- G. Children over 12 months of age will be provided with whole cow's milk.

# **Early Childhood Meals and Snacks**

- A. See p. 7 of the Information for Parents.
- B. This program provides mid-morning and mid-afternoon snacks each day. There is a snack menu posted in each room. (Breakfast will be added for any child who is here over 10 hours.)
- C. Each student must bring a cold lunch from home. According to licensing regulations each lunch should include one item from each food group (grain, vegetable, fruit, protein, dairy).

#### **KSK Meals and Snacks**

- A. Each student must bring a cold lunch from home. According to licensing regulations each lunch should include one item from each food group (grain, vegetable, fruit, protein, dairy).
- B. Each student must bring an AM Snack (PM Snacks will be provided in the Whale Room if the student is staying); according to licensing regulations each snack should include two items from these five food groups (grain, vegetable, fruit, protein, dairy).

## **Extended Care Meals and Snacks**

- A. This program provides mid-morning and mid-afternoon snacks each day. There is a snack menu posted in each room.
- B. Each student must bring a cold lunch from home. According to licensing regulations each lunch should include one item from each food group (grain, vegetable, fruit, protein, dairy).

#### **Cold Lunches from Home**

- A. All cold lunches must be labeled with your child's first and last name on the lunch box
- B. This program is licensed through the Department of Human Services, and as such we are mandated to assure that student lunches meet USDA requirements. Therefore parents must prepare a bag lunch that provides students with a meat/meat alternative, fruit, vegetable, and grain. See p. 20 for more information.
  - a. Our Savior School will supplement lunches that do not meet the USDA requirements at the expense of the parents.
- C. Students are also required to have milk offered to them at lunch. We provide a carton of 2% milk. If you prefer your child to have an alternate option please let us know.
- D. **PLEASE NOTE:** We are a <u>nut-safe school.</u> Please do not send any nut items for lunch.

#### Lactose Intolerant

If your child is lactose intolerant, parents will provide one of these acceptable substitutions:

- A. Ripple milk, low fat or fat-free lactose reduced, buttermilk, Soy (Calcium & D fortified), ALL PASTEURIZED & UNFLAVORED after a parental written request.
- B. If a parent would like to provide milk not on this list, a written doctor's note must be provided.
- C. Families must provide the dairy alternative.

#### **Water Bottles**

**Early Childhood Center:** Individual water bottles are not maintained at Our Savior School. Children have access to single-use cups or drinking fountains throughout the day. Water bottles can be

brought in from home <u>only</u> for a field trip or a special outdoor activity and must be brought home at the end of the day to be washed.

**Extended Care:** Children are requested to bring a water bottle to be used in the classroom. You will specifically be asked to bring them for field trips. Your child's water bottle should be brought home each day for cleaning.

# **Early Childhood Special Assessment & Conferences**

## **Parent/Teacher Conferences**

See p. 2 of Policy Information for Parents

# **Special Events**

# **Birthdays**

We make your child's birthday a special time with singing, crowns, etc. If you would like to send a special treat to be shared by his/her class, it <u>must</u> be a <u>non-food</u> treat (being considerate of students with allergies or sensitivities: e.g., book, puzzle, music CD for the classroom, a treat bag containing non-choking items, stickers, etc.). Please check with your teacher if you need more specific ideas.

# **Early Childhood Field Trips**

Our Lamb, Whale, and KSK classes go on occasional field trips by bus. Permission slips must be signed by a parent or guardian and returned before your child can go on the field trip. Field trips may include: Arboretum, Apple Farm, Gale Woods Farm, Lowry Nature Center, and the Westwood Center. The field trips will have an extra charge that will be needed by the field trip date to pay for transportation and entrance costs. Extra supervision is always needed on field trips. If parents are able to join us, we love it! All children should be dressed properly, and no "extra" items will be able to go on the trip. (E.g. blankets, toys, etc.) If your child is not scheduled to attend on the day a field trip is scheduled, please contact the director to discuss attendance options.

# **Extended Care Field Trips**

Extended Care children may go on field trips over spring and Christmas, and will on summer break. These trips will be announced well in advance, and a permission slip will be provided. Permission slips must be signed by a parent or guardian and returned before your child can go on the field trip. The cost of these trips will vary depending on location. We will deduct your bank account at the end of the month for any trips taken during that month.

#### **Parent Involvement**

- A. Parents may have access to their child at any time while the child is in our care. Feel free to come and visit any time during the day.
- B. You are invited to read a story, share your career, bring in special items of interest, or help with an art project, etc. You may also want to come along on a field trip or help with a classroom party.
- C. Parents may speak to their child's teacher to learn more about volunteering.

## **Communications**

## **Early Childhood Parent and Teacher Communication**

- A. Monthly newsletter highlights news and events which are posted outside classrooms, distributed through DailyConnect, and are found on our website.
- B. We will use DailyConnect for updates throughout the day for updates on food, nap, diapers, and curriculum/pictures.
- C. Your child's teacher is available for questions and concerns. However, please be sensitive to the dynamics of the entire group. Consider making an appointment or emailing your specific question or concern.
- D. Phone calls are another method for communicating with your child's teacher.
- E. Locker clips are provided for the parents to receive printed communications as well as artwork their child has created. Parents need to take home items clipped to their child's locker on a daily basis.

#### **Extended Care Communications**

We will use DailyConnect to share any group communication as needed.

# **Individual Areas for Children and Families**

## Lockers/Cubbies

**Early Childhood:** Cubbies are provided for children to store their personal items. Lockers are also provided for children to store their outdoor clothing.

Extended Care: Cubbies are provided for children to store their personal items and outdoor clothing.

## **Extra Items at School**

**Early Childhood:** An extra set of clothing must be left at School (on the top shelf of your child's locker or in their classroom cubby.) Please label each item with their name.

**NOTE:** If your child needs to borrow clothes from the school, please wash them and return them as soon as possible.

## **Outdoor Play**

Weather permitting, daily outdoor play is provided. Please see p. 5 of *Policy Information for parents*. Please see the next section for items that are needed.

# **Required Items at School**

## Koala (Infants):

- 6 weeks-12 months Labeled Pre-made Milk Bottles (Breastmilk or Premixed Formula)
- 12-16 months age appropriate lunches
- Extra Clothing (please wash and return when soiled)
- Diapers and Wipes
- Diaper Cream (if needed)
- Pacifier

## **Ducky (Toddlers):**

- Extra Clothing (please wash and return when soiled)
- Diapers/Pull ups and Wipes
- Diaper Cream (if needed)
- Pacifier (for nap time only)
- Cot cover (crib/flat sheet works best), blanket, travel pillow and snuggle buddy
- Sunscreen (lotion only, you must provide, or it will not be applied)
- Seasonally appropriate jackets/sweatshirts (cannot have ties or chords)
- Winter Gear (jacket, hat, mittens, boots, AND snowpants. Scarves not allowed.)

#### Lambs and Whales:

- Extra Clothing (please wash and return when soiled)
- Cot cover (crib/flat sheet works best), blanket, travel pillow and snuggle buddy
- Sunscreen (lotion only, <u>you must provide</u>, or it will not be applied)
- Seasonally appropriate jackets/sweatshirts (cannot have ties or chords)
- Winter Gear (jacket, hat, mittens, boots, AND snowpants. Scarves not allowed.)
- Children must be toilet trained and wear cloth underwear. If and when an accident does happen, the child's needs will be cared for immediately.

## **Kick Start Kindergarten:**

- Extra Clothing (please wash and return when soiled)
- Sunscreen (lotion only, <u>you must provide</u>, or it will not be applied)
- Seasonally appropriate jackets/sweatshirts (cannot have ties or chords)
- Winter Gear (jacket, hat, mittens, boots, AND snowpants. Scarves not allowed.)

#### **Extended Care**

- Sunscreen (lotion only, <u>you must provide</u>, or it will not be applied)
- Seasonally appropriate jackets/sweatshirts (cannot have ties or chords)
- Winter Gear for <u>all day care</u> (jacket, hat, mittens, boots, AND snowpants. Scarves not allowed.)

## **Other Notes**

# Chapel

The children will attend a Chapel Service once a week during the school year (September-May). An offering is collected and given to a charity selected by the teachers and staff.

## **Show and Share**

**Lambs & Whales:** We have a show and share time in the morning that is listed on your class schedule. Please let the teacher know if your child brings a valuable item, so we can take special precautions.

# Do Not Bring

- Money (unless in an envelope for chapel offering),
- Chewing Gum
- Toy Weapons

# **Additional Resource Suggestions**

Child/Family Support Program
Manager: Dana Teller
952-401-6800
Minnetonka Public Schools

## **Behavior Development**

Alexander Center

8455 Flying Cloud Drive Eden Prairie, MN 55344 952-993-2498

## **Advanced Children's Therapy**

Kid Talk 1772 Steiger Lake Lane Victoria, MN 5538 952-443-9888

## **Occupational and Speech Therapy**

The Madison Center 464 Second Street, Suite 105 Excelsior, MN 55331 952-401-4242



Section III. Health Policies - Page 8

## F. USDA BASED CHILD CARE FOOD GUIDE

Age	1-2 years	3-5 years	6-12 years
F	Beverages		
	½ cup (4 oz.)	¾ cup (6 oz.)	1 cup (8 oz.)
Fluid Milk	Unflavored	Unflavored 1% or	Unflavored 1% o
	Whole Milk	Skim Milk	Skim Milk
Proteins – choose from one row or a	n equivalent com	bination from multi	ple rows
Meat, poultry, fish, tofu, soy products or			
cheese (natural cheeses, low-fat or reduced- fat cheese)	1 oz.	1.5 oz.	2 oz.
		3/	1 000
Egg	½ egg	¾ egg	1 egg
Cooked dry beans or peas	¼ cup	3/8 cup	½ cup
Peanut, Soy or other nut or seed butters	2T	3Т	4T
Nuts or Seeds No nuts, we are a nut safe center.	½ oz = 50%	3/4 oz = 50%	1 oz = 50%
Yogurt (less than 23 grams of total sugars			
per 6 oz, may be plain or flavored,	4 oz. or 1.4 cup	6 oz. or ¾ cup	8 oz. or 1 cup
unsweetened, or sweetened)			
Vegetables and Fruits- must have both	vegetable and fru	uit or two different	vegetables.
Note: Fruit or vegetable juice must be	full-strength, no	more than 1 serving	g per day.
Vegetables	1/8 cup	¼ cup	½ cup
Fruit	1/8 cup	¼ cup	¼ cup
Grains/Brea	d or bread alterna	tive	

# **Our Savior School and Church Contacts**

Name	Position	952-474-5181	Email
		extension	
	Directors, School Secr	etary and Teacher	s
Finney, Tami	Our Savior School Director	x1022	tami.finney@oslcs.org
Hoernemann, Renae	School Secretary	x1018	renae.hoernemann@oslcs.org
Baumann, Carla	Koala Teacher	x1036	carla.baumann@oslcs.org
Mielke, Jake	Ducky Teacher	x1035	jake.mielke@oslcs.org
Nordick, Jenn	Lamb Morning Teacher	x1015	jenn.nordick@oslcs.org
Wacker, HillieRe	Lamb Afternoon Teacher	x1015	hilliere.wacker@oslcs.org
Klatt, Marion	Whale Morning Teacher	x1012	marion.klatt@oslcs.org
Bowyer, Lisa	Whale Afternoon Teacher	x1012	lisa.bowyer@oslcs.org
Limmel, Tammy	Kindergarten Teacher	x1017	tammy.limmel@oslcs.org
Aurich, Joe	Extended Care Director	x1034	joe.aurich@oslcs.org
Hauger, Alicia	Extended Care Teacher	x1031	alicia.hauger@oslcs.org
	Church	Staff	
Hengst, Adam	Senior Pastor	x1025	adam.hengst@oslcs.org
Limmel, Fred	Associate Pastor	x1026	fred.limmel@oslcs.org
	Worship, Care, and Discipleship		
Aurich, Joe	Youth Ministry	x1034	joe.aurich@oslcs.org
Bowyer, Andy	Building Maintenance	x1016	andy.bowyer@oslcs.org
Blumenschein, Sandy	Church Secretary	x1042	sandy.blumenschein@oslcs.org
Bromenshenkel, Laurie	Administrative Director	x1010	laurie.bromenshenkel@oslcs.org
Kimber, Laura	Children's Ministry		laura.kimber@oslcs.org
Childcare Advisory Committee			
Christina Sullivan	Member of OSLC	Committee Chair	christina.jnsn12@gmail.com
Tammy Limmel	OSS Teacher		tammy.limmel@oslcs.org
Heather Abbott	Parent		heatherjhamilton@gmail.com
Becky Koupal	Parent		koupal.becky@gmail.com
Katie Tenney	Parent		kptenney@gmail.com

## VIII. POLICY INFORMATION FOR PARENTS

#### A. Enrollment Packet

At the time of enrollment, parents/ guardians are provided with this information and a copy of our Emergency Preparedness Plan via a hard copy of the handbook or electronic copy (circle one).

Our enrollment packet includes many required forms including emergency contact information, health and immunization forms, child's personal information such as eating, sleeping, toileting, and comfort measures. Please inform us of any individual child care program needs your child may have so that we can best provide for them while in attendance at our program. The packet also contains enrollment and tuition agreements, late payment and termination policies, and our program plan. Parents are offered an annual review of the program plan. At that time, you may offer any suggestions or recommendations that we will take in consideration to further enhance the quality of our program.

We are licensed by the MN Department of Human Services to operate a child care center. The rules and regulations that govern us also include local regulators such as food ordinances, city, fire, and health inspectors. National policies also affect our operation such as OSHA, USDA, ADA, IDEA, and child care accreditation standards. You may access these rules and regulations via each individual entity. Our license allows for the following:

B. LICENSED TO SERVE		
#12 Infants (at least 6 weeks to 16 months)		
#14 Toddlers (at least 16 months to 33 months)		
#50 Pre School (at least 33 months to first day of kindergarten)		
# School Age (has started kindergarten)		
#0Drop-In		
C. DAYS/HOURS OF OPERATION Program name: Our savior School: Early Childhood Center and Extended Care operates on:		
Sunday Monday, Tuesday, Wednesday, Thursday, Friday, aturday.		
(Circle all that apply)		
We are licensed to operate between the hours of:		
7:00 A.M. to _5:30 P.M. and/or		
A.M. to A.M. Session and /or		
P.M. to P.M. Session		



#### D. PROGRAM'S EDUCATIONAL METHODS: ATTACH

#### E. PARENT CONFERENCES

Parent conferences are planned and offered once, twice circle one) a year and will include a written assessment of the child's intellectual, physical, social, and emotional development. Documentation of conferences is kept in the child's record. Infant and toddler parents are given daily reports regarding their child's food intake, elimination, sleeping patterns and general behavior.

#### F HEALTH CARE SUMMARY

Upon enrollment or within 30 days, a medical record of your child must be submitted to the director. It must include a current examination and it must be signed by the child's source of medical care. A record of a physical examination is again required annually for children under 24 months of age and whenever your child 24 months or older advances to an older age group.

#### G. IMMUNIZATIONS

Upon enrollment documentation of current immunizations must be submitted. For inadequate or unimmunized children, a signed notarized statement of parental objection to the immunization or medical exemption is required. From time to time there may be children at the program who are not fully vaccinated. We emphasize the importance of vaccination to protect the health and safety of all of the children and staff at our program.

## H. INADEQUATELY IMMUNIZED CHILDREN

If a case of measles, mumps, rubella, pertussis, polio, or diphtheria occurs at our program, children who are inadequately or incompletely immunized will be excluded through the incubation period, of the last reported case of the disease, as determined by the local health department. This exclusion is necessary because these children may become infected and contribute to further disease spread. This exclusion also applies to children or staff who have not been immunized due to conscientiously held belief or medical contraindications.

Or \_\_\_\_\_ (check here) we at \_\_\_\_ Our Savior School \_\_\_\_\_\_, require all children and staff attending this program to be up to date at all times on childhood and adult vaccinations required by law and do not allow unvaccinated persons at our program.



## I. SPECIAL NEEDS/ALLERGIES/MEDICAL CONDITIONS

Parents/guardians have the responsibility to inform the program when their child has any special needs, allergies or conditions requiring attention. If a child is admitted having special needs, procedures stipulated by our licensing requirements will be followed. An individualized child care program plan (ICCPP) will be developed to meet the child's individual needs. The plan will be coordinated with either the service plan, education plan and/or with the child's parent, physician, psychiatrist, and/or psychologist. The ICCPP will need to be updated annually and when there is any change. The plan will be kept in your child's file, with any medication, on field trips and during transportation. The program will provide any additional staff training (within reason) required by your child's ICCPP however, there may be times when you are requested to assist in the training or ensure the child's nurse specialist is involved in the training.

## J. INDIVIDUALS WITH DISABILITIES EDUCATION ACT (IDEA)

As a child care provider, we continually monitor the development of all children in our care through ongoing observation and recording. We want the best outcomes for all children. Child care providers are considered a primary referral source for early childhood intervention under federal IDEA special education law. We are required to refer a child in our program who has been identified as having developmental concerns or a risk factor that warrants a referral as soon as possible, but in no case more than seven days after the identification. While this is a mandate, we want to keep open communication with parents and caregivers about their child and any concerns we have before a referral is made. We can assist you with the referral or partner with you in the referral process.

## K. EXCLUSION OF ILL CHILDREN

Children should be kept home if they have any of the following symptoms or illnesses: MN Rule 3 9503.0080 Exclusion of Sick Children guidelines are as follows:

- Any child with a reportable illness or condition as specified by the health department that is contagious and a physician determines has not had sufficient treatment to reduce the health risk to others.
- Chicken pox until the child is no longer infectious or until the lesions are crusted over.
- Vomiting-1 or more times since admission that day.
- Diarrhea 3 or more abnormally loose stools since admission that day or loose stools that cannot be contained within a diaper.
- Contagious conjunctivitis or pus draining from the eye.
- \* Bacterial infection such as strep throat or impetigo and has not completed 24 hours of antimicrobial therapy;
- Unexplained lethargy.
- Lice, ringworm, or scabies that is untreated and contagious to others.
- \*Fever 100-degree Fahrenheit <u>axillary</u> or higher temperature of undiagnosed origin <u>before fever</u> reducing medication is given.
- Undiagnosed rash or a rash attributable to a contagious illness or condition.
- Significant **respiratory distress**; fast, difficult, or different breathing, uncontrolled coughing, and/or wheezing.
- Not able to participate in child care program activities with reasonable comfort.
- Requires more care than the program staff can provide without compromising the health and safety of other children in care.

If your child becomes ill or injured during the day, she/he will be kept isolated from the other children and under staff supervision. A parent or your authorized pick up person will be notified and asked to pick up your child. Your child will be monitored, and comfort measures will be provided. In the event of a medical emergency, 911 will be called and then the parent.

The parents are asked to notify the program within 24 hours, exclusive of weekends and holidays, when a child is diagnosed by a child's source of medical or dental care as having a contagious disease. Contagious illnesses will be reported to all parents the same day the information is received. The staff will post a notice in a prominent place stating the illness, incubation period, early signs to watch for and exclusion recommendations

Behavior or health issues which may affect the safety, health, and general well-being of other children may result in limited exclusion or termination of enrollment.



#### L. OUTDOOR PLAY

Regular physical activity has important health benefits. Weather permitting, daily outdoor play will be provided. Going outside offers an environment that encourages exercise and a different setting. For infants and toddlers, getting dressed to go outside is valuable one-on-one time for teachers and children. Being outside reduces the spread of infectious disease. Our <u>outdoor guidelines for healthy</u> development, children including infants should go outside when:

- a. Weather seems comfortable and when it is somewhat uncomfortable. In summer, children should wear light colored, lightweight sun protective clothing and hats, sunscreen, play in shaded areas, and have drinking water available. In winter, dress in warm, dry layers and play in wind-protected areas. (Use weather humidity/wind chill/air quality guidelines.) Please ensure your child comes dressed in appropriate indoor and outdoor clothing.
- b. It is snowing, raining, or when snow is on the ground and the children are wearing water-resistant clothing. Snow and rain are important learning materials.
- c. Children have a runny nose, cold or ear infection unless they have a documented condition identified by their health care provider that can be worsened by cold, wind or being outdoors.

## M. FIRST AID / CPR/ OSHA

In the event of any accident or illness, trained staff will administer First Aid and/or CPR according to the guidelines of their training and OSHA. If we decide this is an emergency, 911 will be called. As determined by the paramedics, your child will be transported

to the hospital of their choice or closest hospital based on emergency needs. Parents will be responsible for the cost of any medical transportation needed. A parent/guardian or alternate emergency contact as listed on your child's emergency contact information will be contacted as soon as possible. We will also attempt to contact your child's source of health care. Parents are responsible for keeping the information on the emergency card up to date. This includes your office, home/mobile phone numbers and at least two people authorized to act on your behalf should the center not be able to reach you. These emergency contacts also need to be authorized to pick up your child.

All staff persons will be trained in Pediatric First Aid and Infant and Child CPR before unsupervised direct contact with children and within 90 days of hire.



#### N. MEDICATIONS

#### 1. PRESCRIPTION MEDICATIONS

Prescription medications will only be given with written authorization from your child's licensed healthcare provider/dentist (prescription label) and the parent or guardian.

Parent must state dosage, time, and duration the medication is to be given. Please also inform the staff of the last time the medication was given.

The program will not administer medication doses that can be done at home. Any medication to be given once or twice a day needs to be done at home. Any medication to be given long term will require additional paper work using ICCPP care plans.

Medication must be come in its original container and be properly and legibly labeled with your child's full name and current prescription information. Twins and siblings cannot share any medications including diaper products.

Medications will not be given after the expiration date and unused portions will be returned to the parent. Please send proper medication dispensers to administer the medication.

Medication will be kept out of the reach of children. Staff will record name of child, name of medication or prescription number, date, time, dosage and the name and signature of the person who dispensed the medication. This documentation will be maintained in your child's record and is available to you.

#### 2. NON-PRESCRIPTION MEDICATIONS

Written permission from the parent is required for the administration of any non-prescription medication such as Tylenol, Advil, Benadryl, cold medicines, etc.

<u>These will be administered according to the manufacturer's instructions</u> unless there are written instructions for their use provided by a physician or dentist. All other medication polices will apply to non-prescription medicines.

Or\_\_\_\_\_\_ (Check here) we do not administer any non-prescription medications.

#### OVER THE COUNTER PRODUCTS

Written parent permission will be obtained to apply any OTC products (external products) such as insect repellent, sunscreen lotion, diapering products, lip balm, lotions, etc. We are not required to document the applications of these products. Powders, cornstarch and aerosol sprays are not allowed due to inhalation hazards.



#### O. FIELD TRIPS

Written parental permission will be obtained from each child's parent before taking a child on a field trip (including walking ones and on-site outdoor picnics). Parents will be informed of the hours, mode of transportation, and the purpose and destination of the field trip. Staff will take emergency cards (with emergency numbers for child's parent, persons to be called if a parent can't be reached, and child's doctors), a first aid kit and manual, and attendance records on all field trips.

At least one person trained in pediatric CPR and obstructed airways and is up to date on first aid and OSHA will accompany children on field trips. If children will be divided into groups, then additional CPR/FA/OSHA trained staff will accompany each group. Children will be transported according to MN DHS Statues Chapter 9503.0150 "Transportation" and MN Human Services Licensing Chapter 245A.18 "Child Passenger Restraint Systems". Permission forms will be kept on file for five years. Staff will have means to identify the children and attendance will be taken frequently. Or \_\_\_ Check here. Our program doesn't participate in off-site field trips.

#### STAFF WILL NOT TRANSPORT CHILDREN!

and/or individual child care program plan.

## P. RESEARCH AND PUBLIC RELATIONS

The center will obtain written parental permission before a child is involved in <u>each</u> experimental research or public relations activity involving a child while at the center. The permission form is kept in the child's record.

Q. MEALS and SNACKS
Our center provides Breakfast Snack(s) Lunch Dinner
Our license requires us to comply and follow USDA requirements for meals and snacks. These are planned on a monthly basis and provided to parents. Children will wash their hands before eating and go directly to the table to eat. Staff will sit with children during meal and snack times. Children will have access to water throughout the day using single service cups, a water fountain or water bottle, if using the water bottle policy (use appendix E. Water bottles are allowed on field trips. Any treats or foods brought into the center will be unopened and commercially prepared.
Check here if infant feeding, formula and breast milk guidelines are attached.  Sanitation procedures and practices will be adhered to in accordance with licensing and health guidelines for safe food preparation, handling, and serving. Bag lunch requirements, catered food and/or infant feeding guidelines will be in accordance with USDA guidelines. A physician's written permission will need to accompany any feeding/

food request that does not align with the USDA requirements or is not indicated on a child's health care summary

## R. ALLERGIES / DIET RESTRICTIONS / MODIFICATIONS

Licensing requirements mandate that before enrollment, we obtain information regarding children with **known allergies**, **special eating**, **or nutritional needs**. An individual child care program plan (ICCPP) will be developed for "any noted allergy" with the parents and/or physician and maintained in the child's file. The plan is required to be updated at least annually and following any changes made to allergy-related information in the child's record. Children's allergy information will be available at all times including on site, when on field trips, or during transportation.

- Staff will be informed of any of the children having **food allergies**. A copy of the ICCPP will be available where food is prepared and served.
- The program will contact the child's parent or legal guardian as soon as possible of any
  instance of exposure or allergic reaction that requires medication or medical intervention.
   Emergency medical services are always called when epinephrine is administered to a child in
  the center's care.

<u>PLEASE NOTE</u>: All food preferences, choices, likes, dislikes, intolerances, etc. should be noted in the diet modification of your child's health care summary and not in the allergy section. This will prevent unnecessary paper work required in obtaining allergy care plans.

## S. PETS

Parents will be informed at the time of admission that a pet is present and before pets are brought into
the center for "show and tell" or for special occasions. The pet will be properly housed, cared for,
inoculated, and licensed in accordance with the local health ordinance Or check here. We do not
have or allow pets at our program.

#### T. BEHAVIOR GUIDANCE

Our behavior guidance policy is designed to:

- Ensure that each child is provided with a positive model of acceptable behavior
- Be tailored to the developmental level of the children that the program is licensed to serve.
- Redirect children and groups away from problems toward constructive activity in order to reduce conflict.
- Teach children how to use acceptable alternatives to problem behavior in order to reduce conflict.
- Protect the safety of children and staff persons.
- Provide immediate and directly related consequences for a child's unacceptable behavior.

Young children need to be taught appropriate behaviors. Appropriate alternatives to corporal punishment vary as children grow and develop.

As infants become more mobile, the staff will create a safe space and impose limitations by encouraging activities that distract them from harmful situations. Brief verbal expressions of disapproval help prepare infants and toddlers for later use of reasoning. For toddlers, disapproval will be followed with comments about expected behaviors.

Preschoolers have begun to develop an understanding of rules and have begun to understand when they have not followed them. Brief explanation of the unwanted behavior helps them to understand. The teacher will follow up by asking the child about his/her feelings and suggest appropriate behavior.

School-age children begin to develop a sense of personal responsibility and self-control and will recognize the removal of privileges.

We promote positive behavior in the following ways:

- The classrooms are designed to be developmentally appropriate.
- There are sufficient toys and activities to stimulate children of all age groups we serve.
- The staff model, encourage and praise positive behaviors by using clear and positive statements of behavior expectations.
- The curriculum is designed to be stimulating and age appropriate for the children.
- The staff appropriately supervises and interacts with the children.

#### PERSISTENT UNACCEPTABLE BEHAVIOR

Our Savior-School	will use the following procedure for
behavior that is persistent and unacceptable that requires	an increased amount of staff guidance and
time. This behavior policy applies to all children in our care	e. If a child is not behaving appropriately, we
will use the following positive guidance techniques:	

<u>Ignoring</u>: Ignoring a child who is trying to gain attention by acting out may be an appropriate response, unless it is a behavior that is unsafe.

<u>Redirection/Distraction</u>: This technique offers an alternative to a child such as suggesting a new activity, or different toy, encouraging independent play, or interacting with the child in a different way.

<u>Discussion:</u> Discussing with the child how their behavior is inappropriate and engaging with the child other words or methods that would suggest a more appropriate response.

<u>Reasonable Consequences:</u> The staff may implement reasonable consequences such as taking away a toy if the child used the toy to hit another child.

When staff observe a persistent unacceptable behavior, they will observe and record the behavior in writing.

If these positive guidance techniques are not effective, we may involve parents/guardians with the following progressive guidance techniques:

- a. We will inform parents/guardians in writing what behaviors have been observed and what the staff has done to try to modify the behavior.
- b. If the inappropriate behavior continues, the Center Director and teacher will meet with parents/guardians to develop a written action plan to correct the behavior. We will seek their input and agree on steps to attempt to modify the behavior. We may suggest involving outside resources to assist with the situation.
- c. If the inappropriate behavior persists, the child will need to take a day or two of behavioral leave of absence on the next scheduled day/s of care. (Standard attendance rates apply during behavioral leaves).
- d. After returning to group care, if the child continues to act inappropriately, we may disenroll the child. We reserve the right to use these progressive guidance techniques at our discretion. It is our goal to work together for a positive outcome of behavior change. Circumstances may arise when we may <u>immediately</u> disenroll a child if his or her behavior creates a health or safety risk to themselves, other children, or the staff.



#### **PROHIBITED ACTIONS**

Positive reinforcement is the best approach to discipline. The following actions are prohibited by or at the direction of a staff person:

- Subjection of a child to corporal punishment, which includes but is not limited to: Rough handling, shoving, hair pulling, ear pulling, shaking, slapping, kicking, biting, pinching, hitting, and spanking.
- <u>Subjection of a child to emotional stress, which includes but is not limited to</u>: Name calling, ostracism, shaming, making derogatory remarks about a child or the child's family, and using language that threatens, humiliates, or frightens the child.
- Separation of a child from the group except within rule requirements.
- Punishments for lapses in toileting.
- Withholding food, light, warmth, clothing, or medical care as a punishment for unacceptable behavior.
- The use of physical restraint other than to physically hold a child where containment is necessary to protect a child or others from harm. The use of prone or any contraindicated restraint will not be allowed under any circumstances.
- The use of mechanical restraints, such as tying.



#### SEPARATION FROM THE GROUP

#### Criteria

No child may be separated from the group unless the following has occurred

- Less intrusive methods of guiding the child's behavior have been tried and were ineffective.
- The child's behavior threatens the well-being of the child or other children in the program.

A child who requires separation from the group will:

- Remain within an unenclosed part of the classroom where the child can be continuously seen and heard by a program staff person;
- The child's return to the group will be contingent on the child's stopping or bringing under control the behavior that precipitated the separation; and
- The child will be returned to the group as soon as the behavior that precipitated the separation abates or stops.

<u>Children between the ages of 6 weeks and 16 months will NOT be separated from the group as a means of behavior guidance.</u>

#### SEPARATION REPORT

All separations from the group will be noted on a daily log that includes the following:

The child's name, the staff person's name, time, date, information indicating what less-intrusive methods were used to guide the child's behavior, and how the child's behavior continued to threaten the well-being of the child or other children in our care.

If a child is separated from the group three or more times in one day, the child's parent will be notified, and the parent notification will be indicated on the daily log. If a child is separated five times or more in one week or eight times or more in two weeks, the procedure outlined in the section titled <u>"Persistent Unacceptable Behavior"</u> will be followed.

If a child is suspended from his/her elementary school due to behavior or discipline issues, we also will not care for the child during the suspension period.

## U. OPEN DOOR POLICY/MN DEPARTMENT OF HUMAN SERVICES

Parents of enrolled children are welcome to visit our program at any time during hours of operation. The telephone number of MDH Licensing: 651-431-6015

#### V. NAPS AND REST POLICY

The nap and rest policy are consistent with the developmental level of the children enrolled in the program.

<u>Infant</u>: Each individual infant determines naptime. The multiple naps throughout the day will progress down to two naps per day. Infants transitioning to the toddler room will be weaned to one nap per day.

Toddler: One afternoon nap after lunch.

<u>Pre-School</u>: One afternoon nap/rest time after lunch.

- A child who has completed a nap or rested quietly for 30 minutes will not be required to remain on a cot or in a crib or bed.
- Naps and rest will be provided in a quiet area that is physically separated from children who are
  engaged in an activity that will disrupt a napping or resting child.
- Cribs, cots, and beds will be placed so there are clear aisles and unimpeded access for both adults and children on at least one side of each piece of napping and resting equipment. Cribs, cots, and beds will be placed directly on the floor and must not be stacked when in use. (Mats allowed for programs serving children < 5 hours during the day.)
- Separate bedding will be provided for each child in care or \_\_\_\_\_ (check here) if parents need to bring child's bedding to the program. Bedding and blankets will be washed weekly and when soiled or wet. The program will do this, or items will be sent home.
- Cribs will be provided for each infant for whom the center is licensed to provide care. The
  equipment will be of safe and sturdy construction that conforms to federal crib standards
  under Code of Federal Regulations, title 16, part 1219 for full-size baby cribs, or part 1220 for
  non-full-size baby cribs. Each crib is inspected monthly by staff and results recorded on the
  DHS form dated 8-13. In addition, CPSC checks are done annually & recorded on the form
- The program will place each infant to sleep on the infant's back, unless the license holder has
  documentation from the infant's physician or Advanced Practice Registered Nurse (APRN), or
  Physicians Assistant (PA) directing an alternative sleeping position for the infant. (Use the DHS
  form <u>Directive for Alternative Infant Sleep Position</u>) This form is <u>only</u> for alternate sleep position.
  The form will remain on file.
- Before caring for infants, all staff and volunteers will have training on Sudden Unexpected Infant Death and Sudden Infant Death (SUID/SIDS) per MN Statutes, section 245A.40, subd. 5.
   This training is required yearly.

- An infant who independently rolls onto its stomach after being placed to sleep on its back may be allowed to remain sleeping on its stomach if the infant is at least six months of age or the license holder has a signed statement from the parent indicating that the infant regularly rolls over at home. (Use DHS form).
- Infants will be placed in their own crib on a firm mattress with a fitted sheet that is appropriate to the mattress size, which fits tightly on the mattress, and overlaps the underside of the mattress so it cannot be dislodged by pulling on the corner of the sheet with reasonable effort
- The staff will not place anything in the crib with the infant except for the infant's pacifier, as defined in Code of Federal Regulations, title 16, part 1511. The pacifiers are free from attachments such as stuffed animals, blankets, or bands/beads with clips that attach to clothing.
- When an infant falls asleep before being placed in a crib, the infant will be moved to a crib as soon as practicable. The infant must remain within sight and sound until the infant is placed in a crib and must not be in a position where the airway may be blocked or with anything covering the infant's face.
- When an infant falls asleep while being held, the staff will consider the supervision needs of other children in care when determining how long to hold the infant before placing the infant in a crib to sleep.
- Placing a swaddled infant down to sleep is not recommended for an infant of any age and is prohibited for any infant who has begun to roll over independently. However, with the written consent of a parent or guardian, the staff may place the infant who has not yet begun to roll over on its own, down to sleep in a one-piece sleeper equipped with an attached system that fastens securely only across the upper torso, with no constriction of the hips or legs, to create a swaddle. The DHS Swaddling consent form must be used. Or \_\_\_\_\_ (check here), we do NOT allow swaddling of any sort at our program. We encourage infants to use their hands to explore and self soothe.
- Children's heads will be uncovered during sleep; staff will maintain sight/sound at all times.
- All toddlers and preschool children will sleep with footwear on to ensure emergency evacuations are safe.
- (Check here) The area where the cribs are located is not within sight and sound of the staff at all times. Our safe sleep policy requires the staff to ensure supervision within sight and sound at all times. The staff will ensure sound by having a baby monitor located in the crib area. The monitor will be turned on at all times during operation when an infant is under the care of the program. Sight supervision will be maintained by visually checking on sleeping infants every 10 15 minutes.



#### W. PROGRAM GRIEVANCE PROCEDURE FOR PARENTS

If there is a grievance over the child care program or procedure, direct contact with the teacher or director should be made. The complaint should be made either verbally or in writing. If the individual making the complaint feels that it is being ignored or if the matter is of a serious nature, the complaint should be made to the director. Depending on the nature of the complaint, the director will either handle it personally or refer it to the owner or their superior. The director will be responsible to see to it that the grievance is handled properly and expeditiously.

There may arise a situation where a parent/guardian has a personal grievance against a staff member. Due to the personal nature of such a grievance, the director will

approach the staff member and give them a chance to explain their actions. If an unsatisfactory resolution of the problem occurs, the head teacher or director will provide in writing how the problem will be resolved. If the complaint is about the director and cannot be resolved internally the owner or their superior will be notified.

For complaints about the facilities or equipment, the director should be consulted.

(S) He will see to it that it is repaired immediately.

X. Maltreatment of Minors Mandated Reporting

See following two pages

Clear Form





OFFICE OF INSPECTOR GENERAL - LICENSING DIVISION

# **Maltreatment of Minors Mandated Reporting**

This form may be used by any provider licensed by the Minnesota Department of Human Services, except family child care. The form for family child care providers can be found in eDocs #7634C.

## What to report

 Maltreatment includes egregious harm, neglect, physical abuse, sexual abuse, substantial child endangerment, threatened injury, and mental injury. For definitions refer to <u>Minnesota Statutes, section 260E.03</u>, and pages 3-6 of this document. Maltreatment must be reported if you have witnessed or have reason to believe that a child is being or has been maltreated within the last three years.

## Who must report

- If you work in a licensed facility, you are a "mandated reporter" and are legally required (mandated) to report maltreatment. You cannot shift the responsibility of reporting to your supervisor or to anyone else at your licensed facility.
- In addition, people who are not mandated reporters may voluntarily report maltreatment.

#### Where to report

- If you know or suspect that a child is in immediate danger, call 9-1-1.
- Reports concerning suspected maltreatment of children, or other violations of Minnesota Statutes or Rules, in facilities licensed by the Minnesota Department of Human Services, should be made to the Licensing Division's Central Intake line at 651-431-6600.
- Incidents of suspected maltreatment of children occurring within a family, in the community, at a family child care
  program, or in a child foster care home, should be reported to the local county social services agency at
  or local law enforcement at

## When to report

 Mandated reporters must make a report to one of the agencies listed above immediately (as soon as possible but no longer than 24 hours).

#### Information to report

A report to any of the above agencies should contain enough information to identify the child involved, any
persons responsible for the maltreatment (if known), and the nature and extent of the maltreatment and/or
possible licensing violations. For reports concerning suspected maltreatment occurring within a licensed facility,
the report should include any actions taken by the facility in response to the incident.

#### Failure to report

- A mandated reporter who knows or has reason to believe a child is or has been maltreated and fails to report is guilty of a misdemeanor.
- In addition, a mandated reporter who fails to report serious or recurring maltreatment may be disqualified from a
  position allowing direct contact with, or access to, persons receiving services from programs, organizations,
  and/or agencies that are required to have individuals complete a background study by the Department of Human
  Services as listed in Minnesota Statutes, section 245C.03.

#### Retaliation prohibited

- An employer of any mandated reporter is prohibited from retaliating against (getting back at):
  - · an employee for making a report in good faith; or
  - · a child who is the subject of the report.
- If an employer retaliates against an employee, the employer may be liable for damages and/or penalties.

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## Staff training

The license holder must train all mandated reporters on their reporting responsibilities, according to the training requirements in the statutes and rules governing the licensed program. The license holder must document the provision of this training in individual personnel records, monitor implementation by staff, and ensure that the policy is readily accessible to staff, as specified under Minnesota Statutes, section 245A.04, subdivision 14.

## **Provide policy to parents**

For licensed child care centers, the mandated reporting policy must be provided to parents of all children at the time of enrollment and must be available upon request. The definitions section (p. 3-6) is optional to provide to parents.

The following sections only apply to license holders that serve children. This does not include family child foster care per Minnesota Statutes 245A.66, subd. 1.

#### Internal review

- When the facility has reason to know that an internal or external report of alleged or suspected maltreatment has been made, the facility must complete an internal review within 30 calendar days and take corrective action, if necessary, to protect the health and safety of children in care.
- · The internal review must include an evaluation of whether:
  - related policies and procedures were followed;
  - · the policies and procedures were adequate;
  - there is a need for additional staff training;
  - · the reported event is similar to past events with the children or the services involved; and
  - there is a need for corrective action by the license holder to protect the health and safety of children in care.

## Primary and secondary person or position to ensure reviews completed

The internal review will be completed by

. If this individual is involved in the

alleged or suspected maltreatment,

will be responsible for completing the

internal review.

#### **Documentation of internal review**

The facility must document completion of the internal review and make internal reviews accessible to the commissioner immediately upon the commissioner's request.

#### Corrective action plan

Based on the results of the internal review, the license holder must develop, document, and implement a corrective action plan to correct any current lapses and prevent future lapses in performance by individuals or the license holder.

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# IX. Child Care Program Plan

Insert your program's plan here