



Our Savior Lunch Menu

November 2022

*All menu items are subject to change.
W.G. = Whole Grain
(served daily)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	W.G. Penne Pasta with Chicken in Marinara Sauce Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk	1	Salisbury Steak in a Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk	2	School Provided Bag Lunch Meat and Cheese Sandwich W.G Bread Fruit—Apple or Bannana Veggie—Carrots or Peas Milk	3	No Childcare, Preschool or Kindergarten Parent Teacher Conferences EXTENDED CARE OPEN	4	
W.G. Chicken Tenders BBQ Sauce Diced Carrots Red Apple Milk	7	Sliced Chicken Alfredo with W.G. Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk	8	Swedish Meatballs Mashed Potatoes Banana Slice of W.G. Bread Milk	9	School Provided Bag Lunch Meat and Cheese Sandwich W.G Bread Fruit—Apple or Bannana Veggie—Carrots or Peas Milk	10	Cheese Burger on a W.G. Bun Ketchup Green Beans Orange Milk	11
BBQ Chicken on a W.G. Bun Diced Carrots Diced Pears Milk	14	Meatloaf Baked in a Tomato Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk	15	W.G. Lasagna Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk	16	Chicken Breast on a W.G. Bun Slice of White Cheese BBQ Sauce Seasoned Corn Red Apple Milk	17	School Provided Bag Lunch Meat and Cheese Sandwich W.G Bread Fruit—Apple or Bannana Veggie—Carrots or Peas Milk	18
W.G. Chicken Patty on a W.G. Bun BBQ Sauce Diced Carrots Red Apple Milk	21	W.G. Pizza Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk	22	Chicken Breast in a Chicken Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk	23		24	Happy Thanksgiving!!	25
Chicken Nuggets BBQ Sauce Diced Carrots Red Apple Milk	28	W.G. Pasta in Cheese with Sliced Chicken Mixed Green Salad with French Dressing Diced Peas Slice of French Bread Milk	29	Cheese Burger on a W.G. Bun Ketchup Green Beans Banana Milk	30				

Served Daily
Whole milk 12 - 24 months
1% milk 2 years and older

