



Our Savior Lunch Menu

January 2022

*All menu items are subject to change.
 W.G. = Whole Grain
 (served daily)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sloppy Joe on a W.G. Bun 3 Diced Carrots Pineapple Tidbits Milk	Chicken Breast in a 4 Chicken Gravy Mashed Potatoes Red Apple Slice of W.G. Bread Milk	W.G. Penne Pasta with 5 Italian Meat Sauce Mixed Green Salad with Creamy Italian Dressing Diced Pears Slice of French Bread Milk	Teriyaki Chicken with 6 Brown Rice Fresh Broccoli with Ranch Dip Banana Slice of W.G. Bread Milk	W.G. Soft Beef Taco 7 Lettuce + Cheese Taco Sauce Seasoned Corn Diced Peaches Milk
W.G. Chicken Nuggets 10 BBQ Sauce Diced Carrots Red Apple Milk	Chicken Alfredo with 11 W.G. Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk Picture Re-Take Day	Swedish Meatballs 12 Mashed Potatoes Banana Slice of W.G. Bread Milk	School Provided 13 Bag Lunch Meat and Cheese Sandwich W.G Bread Fruit—Apple or Bannana Veggie—Carrots or Peas Milk	Cheese Burger on a 14 W.G. Bun Ketchup Seasoned Corn Orange Milk
BBQ Chicken 17 on a W.G. Bun Diced Carrots Diced Pears Milk	Meatloaf Baked in a 18 Tomato Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk	W.G. Lasagna Hot Dish 19 with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Diced Peaches Slice of French Bread Milk	Chicken Breast on a 20 W.G. Bun Slice of White Cheese BBQ Sauce Seasoned Corn Red Apple Milk	School Provided 21 Bag Lunch Meat and Cheese Sandwich W.G Bread Fruit—Apple or Bannana Veggie—Carrots or Peas Milk
W.G. Chicken Patty 24 on a W.G. Bun BBQ Sauce Green Beans Red Apple Milk	W.G. Pizza Hot Dish 25 with Beef and Cheese Mixed Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk	Chicken Breast in a 26 Chicken Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk	Italian Meatballs on 27 W.G. Bread Shredded Cheese Fresh Broccoli with Ranch Dip Diced Peaches Milk	W.G. Soft Chicken Taco 28 Lettuce + Cheese Taco Sauce Seasoned Corn Orange Milk
W.G. Chicken Tenders 31 BBQ Sauce Diced Carrots Red Apple Milk				

Served Daily
Whole milk 12 -
24 months
1% milk 2 years
and older



*God shall supply
 all your need.*

Philippians
4:19