



# Pre School Lunch Menu

## May 2021

\*All menu items are subject to change.

W.G. = Whole Grain

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Sloppy Joe on a W.G. Bun 3 Green Beans Red Apple Milk	Sliced Chicken Alfredo with 4 W.G. Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk	Swedish Meatballs 5 Mashed Potatoes Banana Slice of W.G. Bread Milk	School Provided 6 Bag Lunch Meat and Cheese Sandwich Veggies Fruit Milk	Cheese Burger on a 7 W.G. Bun Ketchup Seasoned Corn Orange Milk
Veg - cheese sandwich	Veg - pasta marinara	Veg - brown rice + beans		Veg - bbq beans on a w.g. bun
W.G. Chicken Nuggets 10 BBQ Sauce Baby Carrots with Ranch Dip Diced Pears Milk	Meatloaf Baked in a 11 Tomato Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk	Italian Meat Sauce with 12 W.G. Penne Pasta Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk	Chicken Breast on a 13 W.G. Bun Slice of White Cheese BBQ Sauce Green Beans Red Apple Milk	School Provided 14 Bag Lunch Meat and Cheese Sandwich Veggies Fruit Milk
Veg - cheese sandwich	Veg - brown rice + beans	Veg - pasta marinara	Veg - bbq beans on a w.g. bun	
BBQ Chicken 17 on a W.G. Bun Seasoned Corn Red Apple Milk	W.G. Pizza Hot Dish 18 with Beef and Cheese Mixed Salad with Creamy Italian Dressing Diced Peaches Slice of French Bread Milk	Salisbury Steak in a 19 Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk	Soft W.G. Chicken Taco 20 Lettuce + Cheese Taco Sauce Baby Carrots with Ranch Dip Diced Pears Milk	Italian Meatballs on a 21 Slice of W.G. Bread Shredded Cheese Green Beans Orange Milk
Veg - cheese sandwich	Veg - pasta marinara	Veg - brown rice + beans	Veg - bean taco	Veg - vegetable rice soup
W.G. Chicken Tenders 24 BBQ Sauce Baby Carrots with Ranch Dip Pineapple Tidbits Milk	Cheese Burger on a 25 W.G. Bun Ketchup Seasoned Corn Red Apple Milk	W.G. Pasta in Marinara 26 with Sliced Chicken Mixed Green Salad with Creamy Italian Dressing Diced Peaches Slice of French Bread Milk	Chicken Breast in a 27 Chicken Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk	W.G. Chicken Corndog 28 Ketchup Fresh Broccoli with Ranch Dip Diced Pears Milk
Veg - cheese sandwich	Veg - bbq beans on a w.g. bun	Veg - pasta marinara	Veg - brown rice + beans	Veg - vegetable rice soup

**Whole milk  
And 1% milk  
are served  
everyday**

**YOUR MIND IS A  
GARDEN. YOUR  
THOUGHTS ARE  
THE SEEDS.  
YOU CAN GROW  
FLOWERS OR  
YOU CAN GROW  
WEEDS.**

