



# Our Savior Lunch Menu

## February 2021

\*All menu items are subject to change.  
W.G.=Whole Grain

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sloppy Joe on a W.G. Bun 1 Diced Carrots Red Apple Milk	Sliced Chicken Alfredo with 2 W.G. Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk	Swedish Meatballs 3 Mashed Potatoes Banana Slice of W.G. Bread Milk	Wild Rice Hot Dish 4 with Sliced Chicken Fresh Broccoli with Ranch Dip Diced Pears Slice of W.G. Bread Milk	Cheese Burger on a 5 W.G. Bun Ketchup Seasoned Corn Orange Milk
Veg - cheese sandwich	Veg - pasta marinara	Veg - brown rice + beans	Veg - vegetable rice soup	Veg - bbq beans on a w.g. bun
W.G. Chicken Tenders 8 BBQ Sauce Diced Carrots Pineapple Tidbits Milk	Meatloaf Baked in a 9 Tomato Beef Gravy Mashed Potatoes Orange Slice of W.G. Bread Milk	Italian Meat Sauce with 10 W.G. Penne Pasta Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk	Chicken Breast on a 11 W.G. Bun BBQ Sauce Slice of White Cheese Green Beans Diced Peaches Milk	School Provided.....12 Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk
Veg - cheese sandwich	Veg - brown rice + beans	Veg - pasta marinara	Veg - vegetable rice soup	
BBQ Chicken 15 on a W.G. Bun Green Beans Diced Peaches Milk	W.G. Lasagna Hot Dish 16 with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Slice of French Bread Banana Milk	Salisbury Steak in a 17 Beef Gravy Mashed Potatoes Pineapple Tidbits Slice of W.G. Bread Banana Milk	School Provided.....18 Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk	Soft W.G. Beef Taco 19 Lettuce + Cheese Taco Sauce Seasoned Corn Diced Pears Milk
Veg - cheese sandwich	Veg - pasta marinara	Veg - brown rice + beans		Veg - w.g. bean taco
W.G. Chicken Nuggets 22 BBQ Sauce Diced Carrots Red Apple Milk	Cheese Burger on a 23 W.G. Bun Ketchup Green Beans Pineapple Tidbits Milk	W.G. Pasta in Cheese 24 with Sliced Chicken Mixed Green Salad with French Dressing Banana Slice of French Bread Milk	BBQ Meatballs on a 25 Slice of W.G. Bread Shredded Cheese Garlic Mashed Potatoes with Cheese Diced Peaches Milk	Wild Rice Hot Dish 26 with Sliced Chicken Shredded Cheese Fresh Sliced Zucchini with Ranch Dip Orange Slice of W.G. Bread Milk
Veg - cheese sandwich	Veg - bbq beans on a w.g. bun	Veg - pasta marinara	Veg - vegetable rice soup	Veg - brown rice + beans

**Whole milk  
And 1% milk  
are served  
everyday**

*For God*   
SO LOVED THE WORLD  
THAT HE GAVE HIS  
ONLY  
BEGOTTEN   
SON SO   
THAT WHOEVER  
BELIEVES   
IN HIM SHALL  
HAVE EVERLASTING   
*Life*