



Our Savior Lunch Menu

September 2020

*All menu items are subject to change.
W.G.=Whole Grain

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	Soft W.G. Beef Taco 1 Lettuce + Cheese Taco Sauce Seasoned Corn Red Apple Milk Veg - bean taco	Sliced Chicken Alfredo 2 with W.G. Penne Pasta Mixed Green Salad with French Dressing French Bread Slice Banana Milk Veg - pasta in Marinara	3 Early Childhood Closed No Lunches	4 Early Childhood Closed No Lunches
7 Labor Day Closed	W.G. Chicken Patty on a 8 W.G. Bun BBQ Sauce Diced Carrots Red Apple Milk Veg - cheese sandwich	Swedish Meatballs 9 Mashed Potatoes Pineapple Tidbits Slice of W.G. Bread Milk Veg - brown rice + beans	Wild Rice Hot Dish 10 with Sliced Chicken Fresh Broccoli with Ranch Dip Orange Slice of W.G. Bread Milk Veg - vegetable rice soup	Cheese Burger on a 11 W.G. Bun Ketchup Seasoned Corn Diced Peaches Milk Veg - bbq beans on a w.g. bun
W.G. Chicken Tenders 14 BBQ Sauce Diced Carrots Red Apple Milk Veg - cheese sandwich	Meatloaf Baked in a 15 Tomato Beef Gravy Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk Veg - brown rice + beans	W.G. Lasagna Hot Dish 16 with Chicken and Cheese Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk Veg - pasta marinara	Soft W.G. Beef Taco 17 Lettuce + Cheese Taco Sauce Green Beans Pineapple Tidbits Milk Veg - bean taco	Chicken and Brown Rice 18 in a Cheese Sauce Sliced Cucumbers with Ranch Dip Oranges Slice of W.G. Bread Milk Veg - vegetable rice soup
BBQ Chicken 21 on a W.G. Bun Seasoned Corn Diced Peaches Milk Veg - cheese sandwich	W.G. Pizza Hot Dish 22 with Beef and Cheese Mixed Salad with Creamy Italian Dressing Slice of French Bread Banana Milk Veg - pasta marinara	Chicken Breast in a 23 Chicken Gravy Mashed Potatoes Red Apple Slice of W.G. Bread Milk Veg - brown rice + beans	School Provided 24 Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk	Italian Meatballs on a 25 Slice of W.G. Bread Shredded Cheese Seasoned Corn Orange Milk Veg - italian beans on a slice of w.g. bread
W.G. Chicken Nuggets 28 BBQ Sauce Diced Carrots Diced Pears Milk Veg - cheese sandwich	Salisbury Steak in a 29 Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans	Sliced Chicken Alfredo 30 with W.G. Penne Pasta Mixed Green Salad with French Dressing Slice of French Bread Pineapple Tidbits Milk Veg - pasta in Marinara		

**Whole milk
And 1% milk are served
Everyday**

For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.
2 Corinthians 4:17-18

