



# Our Savior Lunch Menu

## March 2020

\*All menu items are subject to change.

W.G.= Whole Grain

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

W.G. Chicken Nuggets 2 BBQ Sauce Diced Carrots Red Apple Milk  Veg - cheese sandwich	W.G. Penne Pasta in Italian Meat Sauce 3 Mixed Green Salad with Creamy Italian Dressing Pineapple Slice of French Bread Milk Veg - w.g. penne pasta in marinara	Meatloaf Baked in a Tomato Beef Gravy 4 Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans	School Provided Bag Lunch 5 Meat and Cheese Sandwich Fruit Veggie Milk	Italian Chicken Breast on a W.G. Bun 6 Slice of White Cheese Green Beans Orange Milk Veg - italian beans on a w.g. bun
Sloppy Joe on a W.G. Bun 9 Diced Carrots Diced Pears Milk  Veg - cheese sandwich	Swedish Meatballs 10 Mashed Potatoes Red Apple Slice of W.G. Bread Milk  Veg - brown rice + beans	School Provided Bag Lunch 11 Meat and Cheese Sandwich Fruit Veggie Milk	Cheese Burger on a W.G. Bun 12 Ketchup Seasoned Corn Diced Peaches Milk  Veg - bbq beans on a w.g. bun	Wild Rice Hot Dish with Sliced Chicken 13 Sliced Cucumbers with Ranch Dip Orange Slice of W.G. Bread Milk Veg - vegetable rice soup
W.G. Chicken Tenders 16 BBQ Sauce Green Beans Pineapple Tidbits Milk  Veg - cheese sandwich	W.G. Pizza Hot Dish with Beef and Cheese 17 Mixed Salad with Creamy Italian Dressing Slice of French Bread Banana Milk Veg - w.g. penne pasta in marinara	Chicken Breast in a Chicken Gravy 18 Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk  Veg - brown rice + beans	Soft W.G. Beef Taco 19 Lettuce + Cheese Taco Sauce Sliced Cucumbers with Ranch Dip Red Apple Milk Veg - bean taco	Chicken and Brown Rice in a Cheese Sauce 20 Fresh Broccoli with Ranch Dip Diced Pears Slice of W.G. Bread Milk Veg - vegetable rice soup
W.G. Chicken Patty on a W.G. Bun 23 BBQ Sauce Green Beans Red Apple Milk  Veg - cheese sandwich	Sliced Chicken Alfredo with W.G. Pasta 24 Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk Veg - w.g. penne pasta in marinara	Salisbury Steak in a Beef Gravy 25 Mashed Potatoes Banana Slice of W.G. Bread Milk  Veg - brown rice + beans	School Provided Bag Lunch 26 Meat and Cheese Sandwich Fruit Veggie Milk	Italian Meatballs on a Slice of W.G. Bread 27 Shredded Cheese Seasoned Corn Orange Milk Veg - italian beans on a slice of w.g. bread
W.G. Chicken Nuggets 30 BBQ Sauce Diced Carrots Diced Pears Milk  Veg - cheese sandwich	W.G. Lasagna Hot Dish with Beef and Cheese 31 Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk Veg - w.g. penne pasta in marinara			

**Whole milk  
And 1% milk are served  
Everyday**

All Scripture is  
breathed out by  
God and profitable  
for teaching, for  
reproof, for  
correction, and for  
training in  
Righteousness,  
that the man of  
God may be  
complete,  
equipped for every  
good work.  
2 Timothy 3:16-17

