



Our Savior Lunch Menu

August 2019

*All menu items are subject to change.
WG=Whole Grain

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			Penne Pasta in an Italian Meat Sauce Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk Veg - pasta in marinara	School Provided Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk
Sloppy Joe on a W.G. Bun Seasoned Corn Red Apple Milk Veg - cheese sandwich	Chicken Nuggets BBQ Sauce Seasoned Green Beans Pineapple Tidbits Milk Veg - brown rice + beans	Swedish Meatballs Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - pasta in marinara	Cheese Burger on a W.G. Bun Ketchup Fresh Broccoli with Ranch Dip Diced Pears Milk Veg - bbq beans on a wg bun	Wild Rice Hot Dish with Sliced Chicken Sliced Cucumbers with Ranch Dip Orange W.G. Dinner Roll Milk Veg - vegetable rice soup
Baked Chicken Tenders BBQ Sauce Green Beans Pineapple Tidbits Milk Veg - cheese sandwich	Pizza Hot Dish with Beef and Cheese Mixed Salad with Creamy Italian Dressing Slice of French Bread Banana Milk Veg - pasta in marinara	Sliced Chicken Breast in a Chicken Gravy Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk Veg - brown rice + beans	Soft Beef Taco Lettuce and Cheese Taco Sauce Sweet Peas Red Apple Milk Veg - bean taco	Chicken and Brown Rice in a Cheese Sauce Fresh Broccoli with Ranch Dip Diced Pears W.G. Dinner Roll Milk Veg - vegetable rice soup
Baked Chicken Patty on a W.G. Bun BBQ Sauce Seasoned Corn Red Apple Milk Veg - cheese sandwich	Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk Veg - pasta in marinara	Meatloaf Baked in a Tomato Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans	School Provided Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk	Italian Meatballs on a Coney Bun Shredded Cheese Green Beans Orange Milk Veg - italian beans on a coney bun
Baked Chicken Nuggets BBQ Sauce Sweet Peas Diced Pears Milk Veg - brown rice + beans	Cheese Burger on a W.G. Bun Ketchup Seasoned Corn Red Apple Milk Veg - bbq beans on a wg bun	Soft Chicken Taco Lettuce and Cheese Taco Sauce Fresh Broccoli with Ranch Dip Pineapple Tidbits Milk Veg - bean taco	Salisbury Steak in Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - pasta in marinara	Chicken Breast on a W.G. Bun Slice of White Cheese BBQ Sauce Sliced Cucumbers with Ranch Dip Orange Milk Veg - cheese sandwich



He is the Maker of heaven and earth, the sea, and everything in them—
 He remains faithful forever.
 Psalm 146:6

