



Our Savior Lunch Menu

May 2019

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		Sliced Chicken and Penne in a Rosa Sauce Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk Veg - pasta in marinara	1	Soft Beef Taco Lettuce and Cheese Taco Sauce Green Beans Orange Milk Veg - bean taco	2	School Provided Bag Lunch Meat and Cheese Sandwich Veggies Fruit Milk	3		
Sloppy Joe on a W.G. Bun Seasoned Corn Red Apple Milk Veg - cheese sandwich	6	Chicken Nuggets BBQ Sauce Diced Carrots Pineapple Tidbits Milk Veg - brown rice + beans	7	Swedish Meatballs Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - pasta in marinara	8	Cheese Burger on a W.G. Bun Ketchup Fresh Broccoli with Ranch Dip Diced Peaches Milk Veg - bbq beans on a wg bun	9	Wild Rice Hot Dish with Sliced Chicken Sliced Cucumbers with Ranch Dip Orange W.G. Dinner Roll Milk Veg - vegetable rice soup	10
Baked Chicken Tenders BBQ Sauce Green Beans Pineapple Tidbits Milk Veg - cheese sandwich	13	Pizza Hot Dish with Beef and Cheese Mixed Salad with Creamy Italian Dressing Slice of French Bread Banana Milk Veg - pasta in marinara	14	Sliced Chicken Breast in a Chicken Gravy Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk Veg - brown rice + beans	15	Soft Beef Taco Lettuce and Cheese Taco Sauce Diced Carrots Red Apple Milk Veg - bean taco	16	Chicken and Brown Rice in a Cheese Sauce Fresh Broccoli with Ranch Dip Diced Pears W.G. Dinner Roll Milk Veg - bbq beans	17
Baked Chicken Patty on a W.G. Bun BBQ Sauce Seasoned Corn Red Apple Milk Veg - cheese sandwich	20	Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk Veg - pasta in marinara	21	Salisbury Steak in a Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans	22	School Provided Bag Lunch Meat and Cheese Sandwich Veggies Fruit Milk	23	Italian Meatballs on a Coney Bun Shredded Cheese Green Beans Orange Milk Veg - italian beans on a coney bun	24
Closed Memorial Day	27	Chicken Nuggets BBQ Sauce Diced Carrots Diced Pears Milk Veg - bbq beans on a w.g. bun	28	Meatloaf Baked in a Tomato Beef Gravy Mashed Potatoes Banana W.G. Dinner Roll Milk Veg - brown rice + beans	29	Baked Chicken Breast on a W.G. Bun BBQ Sauce Fresh Broccoli with Ranch Dip Pineapple Tidbits Milk Veg - cheese sandwich	30	Italian Meat Sauce with Beef and Penne Pasta Mixed Green Salad with Creamy Italian Dressing Red Apple Slice of French Bread Milk Veg - pasta in marinara	31

*** Whole Grains (W.G.) are served with every meal**

Consider how the wild flowers grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these.²⁸ If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you “
Luke 12:27-28

