



# Our Savior Lunch Menu

## March 2019

\*All menu items are subject to change.  
W.G. = Whole Grain

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

				Cheese Pizza Fresh Broccoli with Ranch Dip Diced Pears Milk	1				
Sloppy Joe on a W.G. Bun Seasoned Corn Red Apple Milk Veg - cheese sandwich	4	Chicken Nuggets BBQ Sauce Fresh Broccoli with Ranch Dip Pineapple Tidbits Milk Veg - brown rice + beans	5	Chicken and Penne Pasta in a Marinara Sauce Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk Veg - pasta in marinara	6	Cheese Burger on a W.G. Bun Ketchup Green Beans Diced Peaches Milk Veg - bbq beans on a wg bun	7	Wild Rice Hot Dish with Sliced Chicken Sliced Cucumbers with Ranch Dip Orange W.G. Dinner Roll Milk Veg - vegetable rice soup	8
Baked Chicken Tenders BBQ Sauce Diced Carrots Pineapple Tidbits Milk  Veg - cheese sandwich	11	Pizza Hot Dish with Beef and Cheese Mixed Salad with Creamy Italian Dressing Slice of French Bread Banana Milk Veg - pasta in marinara	12	Baked Chicken Breast in a Chicken Gravy Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk Veg - brown rice + beans	13	Soft Beef Taco Lettuce and Cheese Taco Sauce Sliced Cucumbers with Ranch Dip Red Apple Milk Veg - bean taco	14	Cheese Pizza Fresh Broccoli with Ranch Dip Diced Pears Milk	15
Baked Chicken Patty on a W.G. Bun BBQ Sauce Green Beans Red Apple Milk Veg - cheese sandwich	18	Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk Veg - pasta in marinara	19	Salisbury Steak in a Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans	20	School Bag Lunch Meat and Cheese Sandwich Veggie Fruit Milk	21	Italian Meatballs on a Coney Bun Shredded Cheese Seasoned Corn Orange Milk Veg - italian beans on a coney bun	22
Shredded BBQ Chicken on a W.G. Bun Diced Carrots Diced Pears Milk Veg - bbq beans on a w.g. bun	25	Baked Meatloaf in a Tomato Beef Gravy Mashed Potatoes Banana W.G. Dinner Roll Milk Veg - brown rice + beans	26	Lasagna Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk Veg - pasta in marinara	27	Soft Chicken Taco Lettuce and Cheese Taco Sauce Green Beans Red Apple Milk Veg - bean taco	28	Cheese Pizza Sliced Cucumbers with Ranch Dip Diced Peaches Milk	29

“And we know that for those who love God all things work together for good, for those who are called according to his purpose.”  
**Romans 8:28**

