



Our Savior Lunch Menu

February 2019

*All menu items are subject to change.
WG=Whole Grain

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
				School Provided Bag Lunch 1 Meat and Cheese Sandwich Veggie Fruit Milk					
Sloppy Joe on a W.G. Bun Green Beans Pineapple Tidbits Milk Veg - cheese sandwich	4	Chicken Nuggets BBQ Sauce Fresh Broccoli Banana Milk Veg - brown rice + beans	5	Penne Pasta in a Meat Sauce Mixed Greens with Italian Dressing Diced Pears Slice of French Bread Milk Veg - pasta in marinara	6	Cheese Burger on a W.G. Bun Ketchup Seasoned Corn Applesauce Milk Veg - bbq beans on a wg bun	7	Wild Rice Hot Dish with Sliced Chicken Sliced Cucumbers Mandarin Oranges W.G. Dinner Roll Milk Veg - vegetable rice soup	8
Baked Chicken Tenders BBQ Sauce Diced Carrots Applesauce Milk Veg - cheese sandwich	11	Pizza Hot Dish with Beef and Cheese Mixed Green Salad with Italian Dressing Slice of French Bread Diced Pears Milk Veg - pasta in marinara	12	Baked Chicken Breast in a Chicken Gravy Mashed Potatoes Orange Slice of W.G. Bread Milk Veg - brown rice + beans	13	Soft Beef Taco Lettuce and Cheese Taco Sauce Sliced Cucumbers with Ranch Dip Pineapple Tidbits Milk Veg - bean taco	14	Chicken and Pasta in a Cheese Sauce Fresh Broccoli with Ranch Dip Banana W.G. Dinner Roll Milk Veg - pasta in marinara	15
Baked Chicken Patty on a W.G. Bun BBQ Sauce Green Beans Red Apple Milk Veg - cheese sandwich	18	Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk Veg - pasta in marinara	19	Salisbury Steak in a Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg rice + beans	20	School Provided Bag Lunch Meat and Cheese Sandwich Veggie Fruit Milk	21	Italian Meatballs on a Coney Bun Shredded Cheese Seasoned Corn Orange Milk Veg - bbq beans on a coney bun	22
Shredded BBQ Chicken on a W.G. Bun Diced Carrots Red Apple Milk Veg - cheese sandwich	25	Baked Meatloaf in a Tomato Beef Gravy Mashed Potatoes Banana W.G. Dinner Roll Milk Veg - brown rice with beans	26	Lasagna Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk Veg - pasta in marinara	27	Soft Chicken Taco Lettuce and Cheese Taco Sauce Green Beans Orange Milk Veg - bean taco	28		

¹⁶ For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. ¹⁷ For God did not send his Son into the world to condemn the world, but to save the world through him.

John 3:16-17

