



# Our Savior Lunch Menu

## November 2018

\*All menu items are subject to change.  
WG=Whole Grain

**MONDAY**


**TUESDAY**

**WEDNESDAY**

**THURSDA**

**FRI**



MONDAY	TUESDAY	WEDNESDAY	THURSDA	FRI
			Penne Pasta in an Italian Meat Sauce Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk Veg - pasta marinara	Meat and Cheese Sandwich Fruit Veggie Milk
Baked Chicken Tenders BBQ Sauce Seasoned Green Beans Diced Pears Milk Veg - cheese sandwich	Lasagna Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk Veg - pasta in marinara	Baked Chicken Breast in Chicken Gravy Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk Veg - seasoned brown rice with beans	Soft Beef Taco Lettuce and Cheese Taco Sauce Diced Carrots Red Apple Milk Veg - bean taco	<b>CLOSED FOR CONFERENCES</b>
Sloppy Joe on a W.G. Bun Seasoned Corn Red Apple Milk Veg - bbq bean on a w.g. bun	Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk Veg - pasta in marinara	Salisbury Steak in a Beef Gravy Mashed Potatoes Banana Diced Peaches Slice of W.G. Bread Milk Veg - seasoned brown rice with beans	Meat and Cheese Sandwich Fruit Veggie Milk	Italian Meatballs on a Coney Bun Shredded Cheese Seasoned Green Beans Orange Milk Veg - cheese sandwich
Baked Chicken Patty on a W.G. Bun BBQ Sauce Diced Carrots Diced Pears Milk Veg - bbq beans on a w.g. bun	Baked Meatloaf in a Tomato Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - seasoned brown rice with beans	Meat and Cheese Sandwich Fruit Veggie Milk	<b>Happy Thanksgiving</b> 	<b>Closed for Holiday</b>
Baked Chicken Nuggets BBQ Sauce Seasoned Green Beans Fresh Orange Milk Veg - cheese sandwich	Italian Hot Dish with Chicken and Cheese Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk Veg - pasta marinara	Cheese Burger on a W.G. Bun Ketchup Seasoned Corn Red Apple Milk Veg - bbq beans on a w.g. bun	Soft Chicken Taco Lettuce and Cheese Taco Sauce Fresh Sliced Cucumbers with Ranch Dip Diced Pears Milk Veg - bean taco	Swedish Meatballs Mashed Potatoes Banana W.G. Dinner Roll Milk Veg - seasoned brown rice with beans