

Name \_\_\_\_\_  
CIRCLE DATE OR WRITE IN AN OPTION GIVEN BELOW IF ORDERING A LANCER LUNCH

Lancer Options: (K-8) Bag A: Cold Cut Sandwich; Bag B: PJ Sandwich

Gr. 4-8 ONLY: Garden or Ceasar Chicken Salad

PLEASE RETURN THIS MENU TO SCHOOL BY 3/21/17

# LANCER

## DINING SERVICES

<b>Menu Subject to Change</b>				
<b>April Our Savior School Lunch Grades K - 8 2016-2017</b>				
Monday 3rd	Tuesday 4th	Wednesday 5th	Thursday 6th	Friday 7th
<b>Pizza Burger Flatbread</b> with Shredded Mozzarella Baby Carrots Hummus Fresh Orange	<b>Beef Tacos</b> Whole Grain Tortilla Shredded Cheese Shredded Romaine Lettuce Refried Beans, Taco Sauce, Sour Cream Fresh Apple	<b>Creamy Chicken Alfredo Penne Pasta</b> Romaine Salad & Italian Dressing Baby Carrots Fresh Melon Dinner Roll	<b>BBQ Beef Meatballs</b> Fresh Broccoli Potato Wedges & Ketchup Combread Fresh Grapes	<b>Cheese Pizza</b> Crunch Cauliflower Florets Pineapple Chunks
10th	11th	12th	13th	14th
<b>Chicken Tenders</b> BBQ Sauce Green Beans Carrot Sticks & Ranch Fresh Apple	<b>Cheeseburger</b> Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Fresh Grapes Ranch & Ketchup	<b>Chicken Drumstick</b> Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Fresh Orange Whole Grain Cookie	<b>Crunchy Orange Chicken</b> Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Banana Ranch Dressing	<b>Good Friday</b> <b>ALL PROGRAMS CLOSED</b>
17th	18th	19th	20th	21st
<b>Cold Cut Combos</b> Baby Carrots Apple Giant Graham Cracker	<b>Mini Turkey Corn Dogs</b> Vegetarian Baked Beans Romaine Salad French Dressing Fresh Banana Ketchup	<b>Sweet &amp; Sour Chicken Meatballs</b> Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Celery Smiles Fresh Melon	<b>Roast Turkey &amp; Gravy</b> Buttermilk Biscuit Glazed Carrots Fresh Sugar Snap Peas Applesauce Cup	<b>Italian Meatsauce over Penne Pasta</b> Mixed Green Salad Fresh Apple Ranch Dressing
<b>Easter Monday - No K-8 Classes</b> <b>EC OPEN</b>				
24th	25th	26th	27th	28th
<b>French Toast &amp; Syrup</b> <b>Turkey Sausage</b> Fresh Cucumbers Chilled Peaches Wango Mango Veggie Juice	<b>Chicken Taco</b> Whole Grain Tortilla Shredded Cheddar Cheese Diced Tomatoes Shredded Romaine Fresh Banana Taco Sauce	<b>Mighty Meatball Foldit</b> Beef Meatballs in Marinara Sauce Flatbread Shredded Mozzarella Cheese Fresh Apple Tater Tots & Ketchup Celery Smiles	<b>Turkey Cheeseburger</b> Hamburger Bun Shredded Lettuce Vegetarian Baked Beans Fresh Strawberries Ketchup	<b>BBQ Beef Riblet</b> Hoagie Bun Fresh Broccoli Steamed Carrots Mandarin Oranges
				Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit <a href="http://dining.lancerhospitality.com">dining.lancerhospitality.com</a> for more information.

**MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED.**

This institution is an equal opportunity provider.